



# FIRST ANNOUNCEMENT

SAVE THE DATE

**Handball for Life**  
Cologne/GER, NOVEMBER 21-22, 2019



The European Handball Federation (EHF), the Union of University Handball Teachers (UUHT) and the German Sport University Cologne



kindly invite you to  
the 5<sup>th</sup> EHF Scientific Conference

**Handball for Life**



**The goal of the Conference** is to bring professional and scientific experts together in order to reflect on various aspects related to professional handball but also to continue the acquisition of knowledge about medical aspects in our sport.

This year a special emphasis will be put on grassroots handball to underline that interest in sport should be initiated at a very young age and it does not necessarily need to end when we get older.

**The official language of the Conference is English.**

## Conference Topics

- Grassroots handball
- Coaching- related topics
- Medical treatment, injury prevention, rehabilitation, nutrition, mental treatment- relating to indoor and beach handball

## Key Dates of the Conference

Deadline for abstract submission	<b>14.07.2019</b>
Deadline for registration	<b>08.09.2019</b>
Deadline for full text of article for monograph	<b>13.10.2019</b>
Supplementary payment for the participation in the Congress	<b>10.11.2019</b>
Days of Conference	<b>21.-22.11.2019</b>

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## Registration

To register for the 5th EHF Scientific Conference please fill in the registration form:

<http://members.ehf.eu/community/registration/Default.aspx?id=44>

## Payment

All participants bear the expenses for travel, accommodation and meal on their own. The organizer will publish the offers for accommodation and catering until **14.07.2019**. The participation fee (also including the publication of submitted articles) is subsidized by the EHF and amounts **EUR 100.- (one hundred)**.

The members of the Union of University Handball Teachers do not have to pay any participation fee.

## Preparatory Organizing Committee

Jerzy Eliaz, Dr.	EHF Methods Commission Chairman (POL)
Marta Bon, Dr.	EHF Methods Commission Member (SLO)
Lior Laver, Dr.	ESSKA Basic Science Research Committee Board Member (ISR)
Przemysław Lubiawski, Dr.	Orthopaedic & Trauma Specialist in Rehasport Clinic (POL)
Stefan Walzel, Dr.	German Sport University Cologne (GER)
Helmut Höritsch, Mgr.	EHF CAN Coordinator (EHF)

With reference to the previous EHF Scientific Conferences, an electronic version of the official conference documentations can be found here:

<http://eurohandball.com/ehf/handballbasics>

## Conference Secretariat

European Handball Federation (EHF), Hoffingergasse 18, A- 1120 Vienna, Austria

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